

Camp Poyntelle Sample Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST French Toast Full Breakfast Bar Oatmeal/Cereal/Toast OJ/Apple Juices Coffee/Tea	BREAKFAST Cheesy Eggs & Hash Browns Full Breakfast Bar Oatmeal/Cereal/Toast OJ/Apple Juices Coffee/Tea	BREAKFAST Waffles Full Breakfast Bar Oatmeal/Cereal/Toast OJ/Apple Juices Coffee/Tea	BREAKFAST Eggs in a Hole Full Breakfast Bar Oatmeal/Cereal/Toast OJ/Apple Juices Coffee/Tea	BREAKFAST Flavored Pancakes Full Breakfast Bar Oatmeal/Cereal/Toast OJ/Apple Juices Coffee/Tea	BREAKFAST Cheesy Eggs & Hash Browns Full Breakfast Bar Oatmeal/Cereal/Toast OJ/Apple Juices Coffee/Tea	BREAKFAST Omelets & Krispy Kremes Full Breakfast Bar Oatmeal/Cereal/Toast OJ/Apple Juices Coffee/Tea
LUNCH BUFFET Cheese Quesadilla Nachos w/refried beans Sour Cream/Guac/Salsa Full Salad Bar Water	LUNCH BUFFET Gyros/Pita Hummus & Chick Pea Salad Lemon Orzo Soup Full Salad Bar Water	LUNCH BUFFET Turkey, Roast Beef, Salami Tuna & Egg Salad Assorted Breads Full Salad Bar Water	LUNCH BUFFET Falafel & Tzaziki Sauce Roasted Chickpeas Hummus & Carrot Sticks Full Salad Bar Water	LUNCH BUFFET Chicken Patties Carrot/Celery Sticks Tomato Soup Full Salad Bar Water	LUNCH BUFFET Pizza Bagels Fish Sticks Cous Cous Salad Full Salad Bar Water	LUNCH BUFFET Grilled Chicken Tenders Tater Tots Israeli Salad Full Salad Bar Water
Snack: Granola Bar	CANTEEN	Snack: Pirates Booty	Snack: Grapes	Snack: Mom Pop (Fruit)	CANTEEN	Snack: Sliced Oranges
DINNER Grilled Garlic Lemon Chicken Burnt String Beans Baked Potato Bar w/ fixings Full Salad Bar Water/Bug Juice Dessert: Angel Food w/ berries	DINNER Swirly Cheesy Pasta Roasted Brussel Sprouts Garlic Bread Full Salad Bar Water/Bug Juice Dessert: Fruit Cup & Cream	COOK-OUT DINNER Burgers/Veggie/Hot Dogs Grilled Chicken Breast Bagged Chips Full Salad Bar Water/Bug Juice Dessert: Watermelon	DINNER Mac & Cheese w/ breadsticks Burnt Broccoli Florets Strawberry Salad Full Salad Bar Water/Bug Juice Dessert: Italian Ices	DINNER Turkey Dinner w/ Stuffing Green Bean Casserole Cranberry Sauce Full Salad Bar Water/Bug Juice Dessert: Parve Cake	SHABBAT DINNER Brisket & Egg Noodles Honey Glazed Carrots Matzo Ball Soup & Challah Full Salad Bar Water/Bug Juice Dessert: Strawberry Shortcake	DINNER Fried Chicken Mashed Potatoes Halved Corn on Cob Full Salad Bar Water/Bug Juice Dessert: Cherry Turnovers
Night Snack: Goldfish	Night Snack: Cheez Its	Night Snack: Pretzels	Night Snack: Veggie Straws	Night Snack: Granola Bar	Night Snack: Fig Newtons	Night Snack: Popcorn

Daily Options

Breakfast Bar:

Fresh Sliced Fruit
Yogurt & Granola Bar
Hot Oatmeal with toppings bar
Mini Bagels and Cream Cheese
Assorted Cold Cereal
Wow Butter and Jelly
Toast & Matzah Station
Hard Boiled Eggs

Salad Bar (lunch and dinner):

Fresh Veggies, Avocado, Hummus & Edamame
Composed Iceberg, Spinach & Bean Salads
Variety of Soup
Wow Butter and Jelly
Toast & Matzah Station
Mini Bagels and Cream Cheese
Hard Boiled Eggs
Egg Salad & Tuna Salad